

# A SURVEY ON FACE EMOTION RECOGNITION AND ANALYSIS

Robin Nadar

*M.Tech. Student, Electronics and Telecommunication, Cognitive Institute of Interdisciplinary Studies, Mumbai, India*

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**Abstract** - The objective of the Face Emotion Recognition and Analysis system is to identify people's emotions in real time and record them in a file. This information can then be examined and analyzed to learn more about the individual whose emotion is being identified. A timestamp is used to record the feelings, which aids in classifying the data based on the various periods of the day. This information can be useful in observing patterns in emotions throughout the day to get insight into an individual's emotional state. As a result, the objective of this paper is to provide an accurate analysis of the numerous Face Emotion Recognition and Analysis systems currently on the market, as well as the datasets that may be utilized for training and testing. A list of methods was gathered and algorithms that can and are often used for Face Emotion Recognition and Analysis, which was examined. A comparative study we also conducted of the assessed systems' accuracy and efficiency, as well as their different limitations.

**Key Words:** Face, Emotion, Recognition, Analysis, CNN, Convolutional Neural Network, Neural Network, FER, Face Emotion Recognition and Analysis.

## 1. INTRODUCTION

Facial emotion recognition is a growing area of research that brings together three important fields: artificial intelligence, psychology, and human-computer interaction. This area focuses on how emotions can be understood by analyzing facial expressions. By interpreting these expressions, researchers can gain valuable insights into human behavior, which can be applied in several important areas such as monitoring mental health, improving customer experiences, and enhancing security systems.

In recent years, the development of deep learning techniques and improvements in computer vision have greatly increased the capabilities of facial emotion recognition systems. These advancements make it possible for machines to recognize and interpret emotions more accurately and efficiently than before. This research aims to thoroughly examine the basic elements required to build effective facial emotion recognition systems. This includes studying the datasets that are available, exploring existing algorithms designed for emotion recognition, and evaluating how well these systems perform in real-life situations.

A comprehensive review of prior studies in this area shows significant advancements made over time. Sinha and colleagues illustrated the success of deep learning models,

specifically the VGG-Net, when paired with the FER2013 dataset. Their work demonstrated the ability to achieve emotion recognition in real time, which is a crucial feature for many applications<sup>[1]</sup>.

Similarly, Azizan and his team investigated various classification methods, including Haar Cascade and Softmax, to see how they can be applied to tasks related to categorizing emotions. Their findings contribute to understanding which techniques work best for identifying different emotional states<sup>[2]</sup>.

Another important study by Dores and his colleagues examined how gender differences might influence the effectiveness of emotion recognition systems. They highlighted the necessity of using diverse datasets to ensure that these systems can provide accurate results across different populations. This finding emphasizes the importance of inclusivity in the training data used for these systems<sup>[3]</sup>.

Furthermore, Dachapally discussed the benefits of using autoencoders and deeper convolutional neural networks (CNNs) to improve the accuracy of emotion detection. This indicates a trend toward more complex models that can achieve better outcomes<sup>[4]</sup>.

Ali and his research group provided an in-depth analysis of how CNNs utilize specific activation functions, like ReLU, and optimization techniques, such as Adam. These methods significantly enhance the performance of models when it comes to tasks involving emotion detection<sup>[5]</sup>.

Overall, these references form a strong foundation for this research survey. They offer a systematic way to understand the current state of facial emotion recognition systems and provide insights on how to improve them in the future.

## 2. DEEP LEARNING <sup>[1]</sup>

Deep learning is a machine learning technique that gradually extracts higher-level properties from raw input. whereas the word deep refers to the utilization of multiple layers in the network. A linear perceptron cannot be used as a universal classifier, but a network with a nonpolynomial activation function and one hidden layer with infinite width may. Deep learning is a modern form that focuses on layers of predetermined size, allowing for practical application and fast implementation while maintaining theoretical

universality under mild conditions. Deep learning allows for heterogeneous layers that deviate dramatically from physiologically informed connectionist models in terms of efficiency, trainability, and understandability, resulting in a structured component.

### 3. CONVOLUTIONAL NEURAL NETWORK [1] [4] [5]

A convolutional neural network is a series of data-processing layers based on a convolution layer, which, when combined with other required blocks, produces a full neural network. A CNN used for image processing typically consists of two stages: feature extraction and feature categorization. The convolution layer may be further split down to provide a large number of learnable convolution kernels or filters that execute the process of constructing feature maps. When an elementwise non-linear activation function is applied to the input-kernel convolution, a feature map is created. The most common tasks for which a CNN is used are image classification, object detection, and segmentation.

### 4. LOGIC [1] [2] [3] [4] [5]

The fundamental idea underlying emotion detection systems is the thorough identification and analysis of major face characteristics, particularly those of the eyes, mouth, and brows. Each of these facial characteristics plays an important function in communicating various emotions. For example, when someone's brows are up and their mouth is open, it usually indicates surprise. On the other hand, a furrowed brow mixed with a tight-lipped lips generally suggests anger. These variances in facial expressions are methodically investigated to determine individuals' emotional states.

Advanced systems utilize neural network topologies to automate the procedure. These networks are intended to learn from enormous volumes of input data, enabling them to identify and understand minute changes in face traits. These algorithms improve their ability to recognize even little variations in expressions over time, thanks to a process called as iterative learning. This continuous learning leads to greater accuracy in understanding human emotions.

In addition to face feature analysis, emotion recognition systems use probabilistic models. These models play a crucial role in evaluating and rating emotions based on their probability, which improves the dependability of the findings. By combining traditional facial feature analysis methods with modern deep learning approaches, these systems effectively balance interpretability making it easier for people to understand how conclusions are reached with high performance levels, ensuring accurate emotion identification results.

### 5. ALGORITHM [1] [2] [3] [4] [5]

Facial emotion recognition systems have made significant advances in understanding and interpreting human emotions

through facial expressions, and this progress largely stems from the implementation of Convolutional Neural Networks, commonly known as CNNs. These networks are especially well-suited for analyzing images at the pixel level, which is crucial for effectively processing facial images. The process begins with detecting a face within an image. This can be achieved using various methods.

Traditional techniques, such as Haar Cascade classifiers, have been widely used for this purpose. More recently, advanced methods like Multi-Task Cascaded Convolutional Networks, or MTCNN, have also become popular because of their efficiency in face detection.

After a face has been successfully identified in an image, preprocessing steps are applied. This phase is crucial, as it prepares the image for subsequent analysis. Preprocessing typically involves resizing the image to ensure consistency in dimensions and normalizing pixel values, which helps in stabilizing the learning process for the CNN.

The architecture of CNNs is specifically designed to extract meaningful features from the input images, and this is accomplished through a series of layers. Convolutional layers play a vital role by applying filters to the images, allowing the network to learn various aspects of facial features such as the eyes, mouth, and overall face shape. Pooling layers then help reduce the size of the data while retaining important information, making the network more efficient. Activation functions, like the Rectified Linear Unit (ReLU), introduce non-linearity to the model, allowing it to learn more complex relationships within the data.

Once the feature extraction process is complete, the features are forwarded to fully connected layers, where the actual classification of emotions occurs. During training, various optimization techniques, including Adam, are employed to adjust the model's parameters for better accuracy. The loss function, such as categorical cross-entropy, measures the difference between the predicted emotions and the actual emotions, guiding the adjustments needed to improve performance. Through this comprehensive learning process, the CNN is able to recognize intricate patterns in facial structures and effectively distinguish between a range of emotions. These include happiness, sadness, anger, disgust, neutrality, fear, and surprise, allowing for an in-depth understanding of human emotional expressions.

### 6. DATASETS [1] [2] [3] [4] [5]

The dataset used during the training phase is crucial for the successful development and effectiveness of emotion recognition systems. This importance stems from the fact that the quality and variety of data directly influence how well the system can interpret and understand human emotions. In the field of research, multiple datasets have been created and are commonly utilized, each possessing its own unique characteristics and specific applications. For instance, some

datasets may focus on facial expressions, while others may emphasize on other characteristics. The selection of an appropriate dataset is vital, as it shapes the system's ability to accurately detect and analyze emotions, thus impacting its overall performance and reliability in real-world situations. As a result, researchers carefully consider the strengths and limitations of each dataset when developing emotion recognition systems.

### 6.1 FER2013 [1][2]

One of the most significant datasets used in emotion recognition research is the FER2013 dataset. This collection contains a total of 35,887 grayscale images that are organized into seven distinct emotional categories: happy, sad, angry, neutral, fear, disgust, and surprise. Each of these classes is carefully represented within the dataset, allowing for a well-rounded exploration of human emotional expressions. The widespread use of the FER2013 dataset in various academic and practical studies can be attributed to two main factors: its balanced representation of different emotions and its accessibility for researchers. This balance ensures that no single emotion dominates the dataset, which is crucial for training and testing machine learning models effectively. Additionally, the dataset is readily available, making it easier for researchers and practitioners to incorporate it into their work without facing significant barriers. As a result, the FER2013 dataset has become a foundational tool for advancing the understanding of emotional recognition and the development of related technologies.

### 6.2 COHN-KANADE (CK+) [2]

The Cohn-Kanade dataset, often referred to as CK+, is a prominent collection of data widely acknowledged in the study of emotions. It comprises a total of 593 video sequences that capture individuals displaying six fundamental emotions. These emotions include happiness, sadness, surprise, anger, fear, and disgust. One key aspect that distinguishes CK+ is its emphasis on temporal data. This means that the dataset includes sequences of video clips that show how facial expressions change over time.

This feature is particularly valuable for emotion detection in dynamic situations, where emotions may evolve or shift as individuals interact or experience different stimuli. By providing a rich array of emotional expressions in motion, CK+ facilitates the development and testing of algorithms designed to recognize and analyze emotions with greater accuracy. Researchers and developers can utilize this dataset to enhance their understanding of emotional dynamics, ultimately leading to improved applications in fields such as psychology, human-computer interaction, and artificial intelligence. CK+ serves as an essential resource for anyone studying or working in the area of emotion recognition.

### 6.3 JAFFE [2]

The JAFFE dataset includes a specialized collection consisting of 213 images featuring ten Japanese women who are showcasing a range of different emotions. While the number of images in this dataset may seem small compared to larger datasets, it is particularly recognized for its high-quality visuals. Each image is carefully taken to ensure clarity, detail, and accurate representation of the emotions being expressed. This level of quality makes the JAFFE dataset a valuable resource for projects that require precise feature detection. In tasks such as emotion recognition or facial expression analysis, having high-quality images is essential. The clarity and detail captured in these images allow researchers and developers to accurately identify and analyze various facial features associated with different emotional states. Thus, the JAFFE dataset, despite its smaller size, remains an important tool for those working in the fields of psychology, computer vision, and artificial intelligence.

### 6.4 AFFECTNET [2]

AffectNet stands out as one of the most extensive datasets available for studying facial expressions. It contains more than one million images that have been carefully annotated to indicate various facial expressions and the emotions they convey. This comprehensive collection does not stop at basic emotions commonly recognized, such as happiness, sadness, and anger. Instead, it also incorporates additional emotional states, including contempt, which broadens the range of emotions that can be analyzed. The inclusion of such a diverse set of emotional expressions makes AffectNet a valuable resource for researchers and developers alike. Its extensive size and variety enhance its usability in numerous applications, from psychological research to improving machine learning algorithms focused on emotion recognition. This makes AffectNet a critical tool for anyone looking to explore the complexities of human emotions through facial cues.

## 7. TABULATION [1][2]

### 7.1 COMPARISON OF DATASETS

The datasets commonly used in emotion recognition research are summarized as follows:

**Table -1: Comparison**

Sr. No.	Dataset	Emotion Classes	Number of Images	Key Features
1	FER2013	7	35,887	Grayscale, diverse expressions
2	CK+	6	593	Video sequences

3	JAFFE	7	213	High-quality static images
4	AFFECTNET	8+Neutral	1M+	High diversity and complexity

## 7.2 EXPECTED ACCURACY OF DATASETS

The following table summarizes the performance of CNNs on different datasets based on research:

**Table -1: Expected Accuracy**

Sr. No.	Dataset	Model Used	Accuracy
1	FER2013	13 Layers of CNN	70-75%
2	CK+	CNN with Autoencoders	63-68%
3	JAFFE	VGG-Net	62-66%
4	AFFECTNET	ResNet-50	66-70%

## 8. RESULT

In the initial stages of this project, the FER2013 dataset has been selected as the preferred dataset for training and evaluating the emotion recognition model. FER2013 is a widely recognized dataset in the field, consisting of 35,887 grayscale images categorized into seven emotional classes: happy, sad, neutral, angry, fear, disgust, and surprise. Its diverse and well-labeled dataset offers significant advantages for building robust emotion recognition systems.

One of the primary reasons for choosing FER2013 is its suitability for benchmarking deep learning models. The dataset's balance across multiple emotional categories ensures that the model can generalize well to real-world scenarios. Additionally, its public availability and prior usage in numerous studies provide a strong foundation for comparative analysis and expected performance benchmarks.

While other datasets, such as CK+, Jaffe, and AffectNet offer unique features like greater diversity or video sequences, FER2013's extensive size, simplicity in preprocessing, and focus on static images make it an ideal choice for this project's goals. Based on previous studies, models trained on FER2013 have demonstrated accuracies ranging from 70% to 75% with basic CNN architectures. This project aims to achieve similar or higher accuracy by incorporating advanced techniques like data augmentation, optimization with the Adam algorithm, and careful tuning of hyperparameters.

As development progresses, the focus will remain on maximizing the potential of FER2013 while exploring supplementary datasets if required to address specific challenges, such as emotion variability or demographic bias.

## 9. CONCLUSION

This survey provides a foundational understanding of facial emotion recognition systems, emphasizing the critical role of datasets, algorithms, and preprocessing techniques. By exploring the strengths and limitations of existing approaches, this research identifies key areas for improvement, including dataset diversity, real-time performance, and multi-facial emotion detection. Moving forward, the integration of advanced techniques such as generative models and domain adaptation can address current challenges, paving the way for more robust and scalable emotion recognition systems.

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