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Automated Driver Drowsiness Detection System Using Machine Learning

Nagarajan S¹, Tamilselvan R², Veeralokesh B³

¹²³⁴Dept. of Computer Science and Engineering, Government College of Engineering Srirangam, Tamil Nadu, India

Abstract - Ensuring road safety stands as a global priority, particularly given the serious dangers posed by fatigue-related accidents. This study introduces an innovative Real-Time Driver Fatigue Detection System that utilizes computer vision and machine learning techniques. The system integrates a camera to capture live facial imagery, specifically focusing on eye movements for blink rate analysis and mouth actions for yawn detection. Employing Facial Landmark Detection and Convolutional Neural Networks (CNNs), our approach accurately identifies key facial features and computes Eye Aspect Ratio (EAR) and Mouth Aspect Ratio (MAR). Through continuous monitoring and analysis of these ratios, the system promptly detects signs of drowsiness and alerts the driver accordingly. Remarkably, it operates effectively under varying lighting conditions and provides real-time monitoring capabilities while functioning offline for enhanced reliability. Experimental findings confirm the system's effectiveness in mitigating the dangers associated with driver fatigue, thus advancing road safety standards.

Key Words: Drowsy Driver Detection System, Facial Landmarks, Driver Safety, alert system, Alert System, Eye Tracking, Blink Rate Analysis.

1.INTRODUCTION

Driver fatigue presents a significant global challenge to road safety, highlighted by the United States recording approximately 100,000 incidents annually, leading to 1,500 fatalities and 71,000 injuries. In addressing this issue, drowsiness detection systems have emerged as essential tools. These systems delicately monitor eye and mouth movements, leveraging advanced machine learning algorithms to detect signs of fatigue. By analyzing metrics such as EAR (Eye Aspect Ratio) and MAR (Mouth Aspect Ratio), they prompt drivers to take breaks, thus reducing accident risks. We aim to develop a machine-learning model capable of continuously monitoring these indicators in real time. Utilizing Python, OpenCV, and Keras, this model will discreetly alert drivers upon detecting fatigue, potentially preventing accidents and ensuring the safety of all road users. This proactive approach not only enhances road safety but also fosters a culture of responsibility and care among drivers, contributing to a harmonious and secure transportation environment.

2. RELATED WORKS

This section aims to review the existing techniques for drowsiness detection systems. Vedant Kaushish et al. [1] presented a Driver Drowsiness Detection System that uses OpenCV and Keras to determine if a driver is sleepy based on eyelid movements. The system processes images of eves under various conditions, totaling around 9,723 images. The dataset is categorized into three parts: frontal face detection, left eve detection, and right eve detection. The model built with OpenCV and Keras showcases high precision and accuracy in detecting driver fatigue, which is crucial for preventing accidents caused by drowsiness. X. G. S. H. X. Zhu et al. [2] authored a paper titled "Real-time Driver Drowsiness Detection Based on Machine Learning Techniques", which proposes a method for real-time drowsiness detection in drivers using machine learning techniques. The approach likely involves steps such as data collection from various sources like video feeds and EEG signals, and steering wheel movements followed by feature extraction to identify indicators of drowsiness. R. P. Ashish Kumar et al. [3] investigated drowsiness detection using a camera to monitor eye blink rate and eyeball size. Employing CNN-based machine learning for real-time monitoring, it effectively integrates visual cues with advanced techniques. The literature also highlights machine learning algorithms like CNNs for accurately predicting drowsiness levels. S. K. Kushwaha [4] reviews driver drowsiness detection systems, focusing on methodologies like monitoring physiological signals and analyzing driving behavior patterns. The study underscores the importance of these systems in preventing accidents caused by fatigued driving and evaluates various approaches' effectiveness and limitations. B. K. A. J. R. S. Padamata [5] proposes a machine-learning framework for detecting driver drowsiness based on the eye state while driving. The system utilizes the Viola-Jones face detection algorithm to identify the face and extract the eye region from images. A stacked deep convolutional neural network (CNN) extracts features from keyframes and classifies the driver as asleep or awake with a SoftMax layer.

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3. PROPOSED SYSTEM

3.1 System Architecture

Figure 1 illustrates the systematic process of the driver drowsiness detection system. It begins with capturing video footage using a camera, followed by pre-processing to enhance image clarity through adjustments in contrast and brightness. Subsequently, facial detection algorithms are employed to identify facial landmarks such as eye corners, mouth, and nose, which are crucial for assessing drowsiness. The system calculates the Eye Aspect Ratio (EAR) to measure the degree of drowsiness and the Mouth Aspect Ratio (MAR) to detect yawning, an additional sign of drowsiness. Utilizing predefined thresholds for EAR and lip distance, if either falls below or exceeds the threshold, respectively, the system classifies the driver as drowsy. Finally, based on the extracted facial features, the system outputs a classification between "drowsy" and "not drowsy," enabling timely intervention to prevent potential accidents and ensure road safety.



Fig. 1 System Architecture

3.2 Methodology

A webcam captures real-time video of the driver, disintegrating it into frames for analysis. OpenCV detects faces, then DLIB locates facial landmarks using a 68-point approach, extracting the eyes and mouth as main features. Facial landmark metrics are used in an EAR formula to calculate drowsiness, comparing it with subsequent frames. If the EAR falls below a threshold for a set time, an alert sounds trigger. DLIB provides 68 face landmarks, including eye, mouth coordinates, crucial for monitoring EAR and MAR values. To enhance detection, a CNN Keras model processes eye and mouth regions, learning drowsiness-specific patterns like eyelid drooping. This integration improves fatigue detection, enhancing system performance.

3.3 Facial Landmarks

In assessing drowsiness, facial landmarks guide the calculation of EAR and MAR, enabling precise analysis of eye closure and mouth movements.

3.2.1 Eye Aspect Ratio (EAR)

It is a computer vision technique used in drowsiness detection systems. When someone is drowsy, their eyelids droop, causing the EAR value to decrease. Conversely, a wide-open eye will result in a higher EAR value. By monitoring EAR over time, a system can estimate drowsiness based on changes in the eye's aspect ratio.



$$\mathsf{EAR} = \frac{\|p_2 - p_6\| + \|p_3 - p_5\|}{2\|p_1 - p_4\|}$$

3.2.2 Mouth Aspect Ratio (MAR)

It focuses on the width of the mouth to identify yawning, a telltale sign of drowsiness. During a yawn, the mouth widens significantly, causing the MAR value to increase. A closed or neutral mouth will result in a lower MAR. By tracking MAR along with other drowsiness indicators like EAR, the system can build a stronger case for detecting fatigue.



 $\mathbf{MAR} = \frac{\|p_2 - p_8\| + \|p_3 - p_7\| + \|p_4 - p_6\|}{2\|p_1 - p_5\|}$

3.4 OpenCV

OpenCV (Open-Source Computer Vision Library) provides a comprehensive toolkit for computer vision applications. With OpenCV, capturing video from webcam is straightforward. The process involves creating a



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VideoCapture object using the cv2.VideoCapture() function in Python, specifying the video source as an integer index for webcams. Once the VideoCapture object is created, it attempts to open the specified video source. If successful, it returns the VideoCapture object; otherwise, it returns None. Within a loop, frames can be read from the video source using the read() method of the VideoCapture object, which returns a tuple indicating the status and the captured frame. Processing of frames can be done based on application needs, utilizing OpenCV's rich set of image processing functions. Displaying frames in windows for visualization purposes using functions like cv2.imshow() is optional. Finally, it's essential to release the VideoCapture object using the release() method to properly close the video stream or file and release resources.

3.5 Convolutional Neural Network (CNN)

In the proposed driver drowsiness detection system, a Convolutional Neural Network (CNN) is utilized. CNNs require fixed-size images as input, necessitating preprocessing. Keyframes are extracted from videos based on temporal changes and stored in a database. Feature vectors are generated from these stored images in the CNN's convolution layers. CNN includes convolutional layers, pooling layers (max, min, and average), ReLU layers, and fully-connected layers. The convolutional layer uses kernels (filters) with width, depth, and height, producing feature maps by calculating the scalar product between the kernels and local image regions. Pooling layers minimize feature map size for faster calculations, with Max or Average pooling selecting maximum or average values from different regions. The ReLU layer applies the max function to convert all negative values to zero, acting as a non-linear layer. Fully connected layers produce class scores for classification. The proposed method employs 2 convolutional layers and one fully connected layer. Key images sized 24x24 are input to Conv2d_1, which convolves the image with 32 filters of size 3x3. Batch Normalization, ReLU transformation, and Max pooling over 1x1 cells follow, with a 0.25% dropout. The output feeds into Conv2d_2, which convolves with 32 filters of size 3x3, followed by similar operations and a 0.25% dropout. Conv2d 2 requires 9248 parameters. The output is fed into a fully connected layer with two outputs for the two-state classifier. Adam's method is used for optimization, and SoftMax classifier for classification. The final outputs are linear combinations of deep features. Additionally, dlib is used for accurate facial landmark detection, enhancing the system's capability.

3.6 Dataset Description

The dataset comprises 2900 training samples and 433 test samples, gathered for driver drowsiness detection. Each sample features characteristics extracted from

webcam-captured video frames, categorized based on the driver's condition: eyes closed, eyes open, with or without yawning. In the training set, 726 instances display closed eyes, 725 exhibit open eyes without yawning, 726 depict open eyes with yawning, and 723 showcase yawning with open eyes. In the test set, there are 109 samples each for closed eyes, open eyes without yawning, and open eyes with yawning, while yawning with open eyes is represented by 106 samples.

4. EXPERIMENTAL RESULTS AND OUTPUTS

The experimental evaluation of the driver drowsiness detection system was aimed at assessing its performance across various components and functionalities. By conducting rigorous experiments, the effectiveness, efficiency, and usability of the system in facilitating job matching and talent recommendation processes were sought to be evaluated. In this section, the findings and outputs obtained from the experimental analysis are presented, starting with an overview of the system architecture and methodology performance.

4.1 Home page

On the homepage given in Figure 2, visitors will find a carefully curated list of informative alert messages aimed at promoting road safety awareness. Additionally, the site provides an in-depth statistical analysis of road accidents, offering valuable insights into trends and patterns observed in various countries, thus fostering a deeper understanding of road safety issues on a global scale.



Fig. 2 Home page

The start button on the home page is used to initiate the system to capture the video using the dashboard camera and detect the driver's drowsiness Figure 5.



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Fig. 3 Start button

Figure 4 depicts the non-drowsy state of the person in the video frame, characterized by open eyes and a closed mouth. In this state, no alert is prompted regarding the person's drowsiness.



Fig. 5 Eye and Mouth closed state



Fig. 4 Eye open state

In Figure 5, the person's eyes are closed, but there is no indication of yawning. The model prompts an alert about the person's closed-eye state.

In Figure 6, the person in the video frame yawns, resulting in the detection of the yawning (mouth open state) by the model, which prompts an alert.



Fig. 6 Mouth open state

When the driver is found to be not drowsy, the system will not display any text as it could be distracting to the user. It will continue in this waiting and detecting loop until drowsiness is detected. When drowsiness is detected, the system will display an alert message in red color to draw the attention of the user and make them aware of the need to be more careful and take a break if they must. International Research Journal of Engineering and Technology (IRJET) www.iriet.net

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4.2 Performance Evaluation

Performance metrics introduced, such as precision, recall, F1 score, and accuracy, are pivotal in assessing the effectiveness of our driver drowsiness detection system. Analyzing these metrics ensures accurate and impactful recommendations, elevating the user experience. Continuous optimization based on these evaluations underscores our commitment to delivering reliable solutions.

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Precision: Precision tells you how good your model is at identifying actual drowsy drivers. It focuses on the proportion of identified drowsy drivers who are truly drowsy.

$$Precision = \frac{TP}{TP + FP}$$

Recall: Recall indicates how well your model finds all the actual drowsy drivers. It focuses on the proportion of truly drowsy drivers who were correctly identified.

$$Recall = \frac{TP}{TP + FN}$$

F1 Score: Balances precision and recall, providing an overall measure of the system's effectiveness. It is calculated as.

$$F1 = 2 \times \frac{Precision * Recall}{Precision + Recall}$$

Accuracy: The accuracy of a classification model is calculated as the ratio of the sum of True Positives (TP) and True Negatives (TN) to the total number of predictions made, which includes True Positives, True Negatives, False Positives (FP), and False Negatives (FN). Mathematically, it can be represented as:

Accuracy =
$$\frac{(TP + TN)}{(TP + FP + TN + FN)}$$

performance metrics of the driver drowsiness detection project, including precision, recall, F1 score, and accuracy, offer comprehensive insights into the effectiveness of our drowsiness detection system. Through rigorous experimentation and analysis, drowsiness of a driver is deteted with an accuracy of 98.9%.

5. CONCLUSION & FUTURE WORK

This work provided the promising result in drowsiness detection and enhanced road safety by integration of driver drowsiness detection system utilizing facial recognition and machine learning. By monitoring the eve states and detecting yawning in real time, this system offers timely alerts, potentially reducing fatigue-related accidents. Future advancements may improve adaptability to varied driving conditions and integration with other intelligent vehicle technologies by improving the safety of passenger or driver further. Ongoing research aims to optimize the accuracy, reliability, and user-friendliness and it is crucial for widespread adoption and significant reduction of traffic accidents globally. It ultimately saves lives and reduces the social and economic costs associated with the development of such systems.

Future enhancements to the drowsiness detection system could include integrating hazard light warnings to alert other drivers, seamlessly integrating with the digital cluster of the car to provide immediate visual feedback to the driver, implementing auto slow-down features for severe cases of drowsiness, and incorporating mobile notifications to the vehicle owner in instances where the driver fails to respond to alerts. These additions would further enhance the system's effectiveness in addressing driver fatigue and promoting road safety.

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